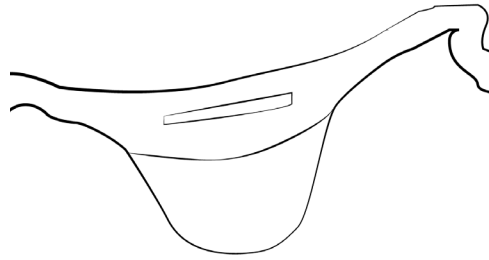




Hip Bag



This simple Hip Bag is designed to have a contoured waist and waist straps that attach on one side with a metal ring and on the other through metal D rings for easy on and off. There is an external pocket for slipping your things into and a zippered pocket for more precious treasures.

This is the perfect festival bag or walking about town bag or tramping in the woods bag. Light and simple and just right for when you need a pocket!



Materials Needed

Fabric

Any weight woven fabric, except very light fabrics. I would recommend a medium weight like a light weight canvas or mid-weight cotton. If you want a firmer bag, use interfacing on one of the main bag pieces or choose a heavier fabric.

Fabric Amount Needed:

44" wide fabric - 1 yard (*you can get away with 3/4 of a yard if you piece your waist band from fabric cut on the grain AND on the cross grain*)
(112cm wide fabric - 1 meter)

Zipper

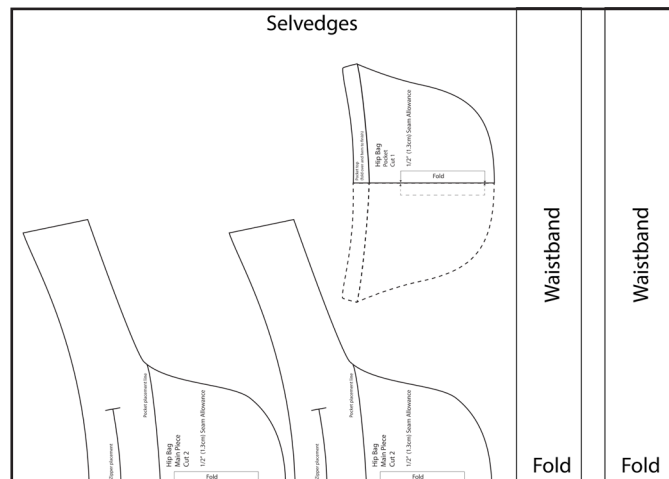
7" zipper

Metal D Rings and a metal connector ring (optional)

You'll need two 2 inch D rings and one 2 inch metal ring to connect the strap to the bag. Alternatively you can omit them and tie your straps around your waist/hip, after sewing the straps directly to your bag.

Cutting Layout

Fabric that is at least
44 inches (112 cm) wide



Sewing Instructions

All seams have a **1/2 inch (1.3 cm) seam allowance**

Cut out your fabric pieces

Cut two main bag pieces and one pocket piece on the fold. If you are using interfacing, cut one main bag piece out of interfacing.

For the waist straps:

If you are choosing to tie it on: cut two pieces of fabric 3 inches (7.5 cm) wide by the length of your waist or hip measurement (depending on where you plan to wear your pocket) **plus 29 inches (86.5 cm)**.

If you are using D Rings: cut two pieces of fabric 3 inches (7.5 cm) wide by the length of your waist or hip measurement **plus 13 inches**.

Length needed: _____

Hem the pocket

1. Hem the top edge of the pocket. Fold the top edge of the pocket towards the wrong side and press a 1/4" (.6 cm) fold in it. Roll the top edge again towards the pocket, 1/2". Press and hem.

Sew the Zipper

1. Slash open the zipper placement line on one main pattern piece. At either end of the slash make two 1/8th of an inch (.3 cm) cuts on a 45 degree angles. 4 cuts in total.



2. Press the slash open, 1/8th of an inch (.3 cm), with the edges in toward the wrong side of the fabric. Insert the zipper inside the slash and top stitch around the opening, securing the zipper in place.

Place the Pocket and Sew the Bag

1. Place the hemmed pocket on top of the main bag piece that has the zipper installed, you want the right side of the pocket up and the right side of the zippered main bag piece up.
2. Place the other main bag piece on top of the pocket and zippered piece with it's right side facing down.
3. Stitch along the bottom edge of the waistband and along the bottom edge of the bag.
4. Stitch along the top edge of the waistband and one side of the waist band. Leave one side open. **NOTE - if your fabric is really thick, you may want to finish the top edge after turning the bag to the right side.
5. Pull the bag through the open side of the waistband and top stitch the opening closed.
6. Top stitch the edges, if desired.

Sew the Waist Straps and Attach to the Bag

1. Place the waist straps with right sides together and stitch along both of the long edges.
2. Turn the waist strap right side out and press. Top stitch the edges, if desired.
3. Fold the short edges of the waist strap in towards the wrong side by 1/2 inch (1.3cm), and top stitch them into place.
4. If you are tying your waist band

Determine how much of the band you want on either side of the bag (this will depend on how you want to wear it and where you want to tie it).

Cut the waist straps to the appropriate lengths and finish their edges. Either sew them directly to the bag ends or use metal rings to attach them.

If you are using D rings

Attach the D Rings to one side of the waist band by threading the waistband through the two D rings, folding the waistband back on itself by 1/2 inch (1.3cm) and top stitching it into place.

Then attach one end of the waist strap to the opposite end of the bag with a metal ring.

To close your waist straps, slide the waist strap up through both D rings and then back down through only the top D ring. Pull to tighten.